



presents

# BASIC MEDIATION TRAINING



## How can mediation skills help you?

- ❖ Learn to manage & resolve conflict
- ❖ Communicate more effectively at work & at home
- ❖ Become a better negotiator & problem-solver
- ❖ Increase your value in the workplace
- ❖ Contribute to conflict resolution in our community

This 30-hour training offers instruction in the process of mediation and how to apply advanced communication skills to help parties resolve differences. People in conflict often focus on each other as the problem, going head to head. Mediation helps people focus on the issues, so they can see they have a joint problem to solve.

Learn a variety of conflict resolution and prevention techniques in this interactive training—through lecture, group discussion, hands-on exercises, and mediation simulation practice. Whether you want to improve your communication skills or become a volunteer mediator at Ku'ikahi, this training gives you the tools you need to start resolving conflict in peaceful, lasting ways. No particular background or personality needed—all welcome!

**WHEN:**            **Saturday, September 23**            9:00 am - 5:00 pm  
                           **Sunday, September 24**            9:00 am - 5:00 pm  
                           **Saturday, September 30**            9:00 am - 5:00 pm  
                           **Sunday, October 1**                    9:00 am - 5:00 pm



**WHERE:**            **Hilo** (exact location provided to registrants)

Plus \$15 for attorneys seeking:

**TUITION:**        **\$295** (group discounts & scholarships available)

**6 CLE Credits + 1 Ethics Credit**



**Diane Petropulos, M.A.**, is a principal in ADRinACTION, offering mediation, facilitation, and training services (in the areas of mediation and workplace conflict). She has developed and conducted trainings throughout Hawai'i, and is a former lecturer at the master's level in the Human Resource Management Program at UH-Manoa. Diane has mediated hundreds of circuit, district, and small claims court cases for Maui Mediation Services, and currently serves on their Board of Directors. She is the former director of the Attorney Assistant Program at Sonoma State University.



**Catherine Lampton, M.A.**, is a principal in Mediation&More, offering mediation, facilitation, and training services for individuals and groups. A speaker on listening, communication, and conflict resolution, she serves on Ku'ikahi's Mediator Development Committee, is the former coordinator of the student mediation center UH-Hilo and HCC, and has been training people to mediate since 2006. With over 150 hours of training, Catherine has mediated hundreds of cases referred through circuit, district, and family courts. Currently she is a doctoral student researching listening and ethical leadership.

**Application deadline is September 21, 2017. To register or inquire about a scholarship contact:**



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