



BROWN BAG LUNCH SERIES

TOPIC

**Bullying in Schools:
Let's Talk About It!**

SPEAKER

Dr. Sandra Takamine, Clinical Psychologist
Martha Yamada, DOH Public Health Nursing Supervisor

WHEN **June 15, 2017**
Third Thursday from 12:00^{pm} to 1:00^{pm}

WHERE **Office of the Prosecuting Attorney**
655 Kilauea Avenue, Hilo HI 96720



"One in ten children is a target of bullying. Children who are bullied-whether physical, verbal, or psychological-are at greater risk of suffering from depression and other mental health problems," shares Dr. Takamine. Bullying does not discriminate and it has no financial, cultural, or social bounds. Learn about this serious community health concern, and how to help to educate and empower children to be "Bully Proof."

Sandra Takamine, PH.D. is the Hawai'i District School Psychologist with the State Department of Education and a member of the Hawai'i Island Anti Bullying Coalition (HI ABC).

Martha Yamada is the Hawaii Island Department of Health Public Health Nursing Supervisor, and is a member of the Hawai'i Island Anti Bullying Coalition (HI ABC).

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