



"Communication & Collaboration" Training Series

CONSTRUCTIVE CONFLICT:

Make a Long-Term Difference vs. Feel Better Short-Term

In this workshop, learn the difference between conflict and abuse and how sometimes, in the name of "not taking abuse," we fail to take responsibility for communicating clearly, nurturing long-term relationships and community cohesion, and participating in conflict.

Kimberly Dark consulted in conflict resolution and facilitation for over 20 years. She completed mediator certification with the National Conflict Resolution Center, served on the Advisory Board of San Diego Mediation Center, and served as principal for Current Change Consulting, which specialized in community facilitation, training, and group conflict resolution. A sociologist, she currently writes, teaches, and performs worldwide. Visit her website at www.kimberlydark.com.



Drawing on lessons from Sarah Schulman's book *Conflict is Not Abuse*, this workshop offers activities and practical strategies to:

- Understand the difference between abuse, conflict, and resistance.
- Use communication skills to evolve meaning rather than just state your case.
- Understand how victim/perpetrator identities influence communication.
- Deescalate small conflicts.
- Understand how "Supremacy Ideology" influences us all and stands in the way of conflict resolution.
- Create a world where everyone (not just "victims") are eligible for compassion.

Friday, January 18, 2019

8:30^{am} to 12:30^{pm}

Hawai'i Innovation Center at Hilo, 117 Keawe Street, Hilo, HI 96720



\$50 tuition

*(group discounts
& individual needs-based
partial scholarships available)*

Register online here

<https://makealong-termdifference.eventbrite.com>

Or contact:

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