



TRAININGS & WORKSHOPS OFFERED

- Conscious Communication: How to Engage in Thoughtful Expression and Active Listening (1.5 hours)
- The Art of Negotiation: Getting What You Want Through Collaborative Problem-Solving (1.5 hours)
- Myers-Briggs: To Better Understand Yourself and Others (4 hours)
- Employee Recognition: The Linchpin To Cultural Transformation (4 hours)
- How to Deliver Feedback Fearlessly & Effectively (4 hours)
- Civility in the Workplace (7 hours)
- How to Facilitate a Meeting—Beginning / Intermediate / Advanced (4 hours to 17 hours)
- Become a Brilliant Bystander Facilitator (4 hours)
- Conflict Resolution: Reframing Problems in Order to Generate Solutions (4 hours)
- Constructive Conflict: Resisting Social Pressures & Improving Mental Habits (4 hours)
- Navigating Challenging Conversations: Skillful Honesty – Effective Action (8 hours)
- Conflict is an Opportunity: Skills for Transforming Conflict with Confidence (14 hours)
- Powerful Listening: How to Listen so People will Share their Concerns with You (4 hours)
- Boundless Collaboration: Conversation + Contribution + Teamwork = Innovation (7 hours)
- Challenging Conversations: How to Share Your Concerns so People Will Hear You (4 hours)
- Addressing Annoying Behaviors: Tools Mediators Use ... And You Can, Too (4 hours)
- Negotiation Skills for Women (4 hours)
- More – Just Ask!
(We are happy to customize a training to meet your company's needs in the areas of communication, transforming conflict, or related areas.)

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